

“RESPECT, RESPONSIBILITY & RIGHT CHOICES”

Respect, Responsabilité & Bons choix

“ACT Now for Preparing Your Future”

Agis maintenant afin de préparer ton futur



Woodstock High School

Athletics Handbook

2026 - 2027

This handbook provides important information about Woodstock High School athletics, including expectations, policies, and procedures for student-athletes, parents/guardians, and coaches. Please keep this document as a reference throughout the season. A copy of this handbook is available on the school website, along with additional information such as updates, schedules, and contact details.



**POLICIES IN THIS HANDBOOK MAY BE SUBJECT TO CHANGE. WE RESERVE THE RIGHT
TO ADD, CHANGE, OR DELETE POLICIES**

WOODSTOCK HIGH SCHOOL

ATHLETICS & COACHES HANDBOOK 2025–2026

“RESPECT, RESPONSIBILITY & RIGHT CHOICES”

ACT Now for Preparing Your Future

WELCOME TO WHS ATHLETICS

On behalf of the administration and staff, welcome to the Woodstock High School Athletics Program.

WHS athletics plays an important role in building school pride, leadership, teamwork, and personal growth.

Our goal is to provide student-athletes with opportunities to develop physically, mentally, and socially in a safe and respectful environment.

Participation in athletics is a **privilege**, and all members of the program are expected to uphold the values of **respect, responsibility, and positive decision-making**.

Home of the THUNDER!

MISSION

To foster athletic excellence through **respect, responsibility, teamwork, and character development**.

VISION

To prepare student-athletes for success in sport, school, and life.

CORE BELIEFS

- Building respectful relationships between athletes, coaches, and officials
 - Promoting sportsmanship and fair play
 - Supporting academic success as the first priority
 - Providing inclusive opportunities for all students
 - Creating a safe and positive environment
 - Developing leadership, resilience, and accountability
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1. ATHLETIC PHILOSOPHY

Athletics are an extension of the educational program at WHS and contribute to the overall development of students.

Participation should:

- Enhance school engagement
 - Promote healthy lifestyles
 - Encourage teamwork and leadership
 - Build resilience and perseverance
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2. ROLES AND RESPONSIBILITIES

Athletic Director

- Oversees all athletic programming
- Ensures compliance with NBIAA regulations
- Supports coaches and student-athletes
- Coordinates schedules, facilities, and events

Coaches

- Provide safe, structured practices
- Model professionalism and respect
- Promote positive team culture
- Ensure adherence to school policies

Student-Athletes

- Commit to team responsibilities
 - Demonstrate sportsmanship
 - Maintain academic standards
 - Represent WHS positively
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3. COACHING EXPECTATIONS

All coaches must:

- Follow **Policy 701** and school expectations
 - Maintain appropriate boundaries with students
 - Emphasize skill development and safety
 - Communicate clearly with players and families
 - Ensure fairness in team selection and playtime decisions

Coaches are held to the same ethical expectations as WHS staff.

4. STUDENT-ATHLETE EXPECTATIONS

Participation in athletics is a privilege. Student-athletes must:

- Demonstrate respect toward teammates, officials, and staff
- Attend practices and games consistently
- Maintain appropriate behavior on and off school property
- Follow team rules and expectations

Students represent their **school, family, and community at all times.**

5. ELIGIBILITY REQUIREMENTS

To participate, students must:

- Be enrolled full-time at WHS
- Meet SNNB eligibility standards
- Pay all required school and team fees
- Maintain acceptable academic standing

Students not meeting expectations may have participation suspended.

6. ATTENDANCE POLICY

- Students must attend school to participate in practices or games
 - **Unexcused absences = no participation that day**
 - Chronic absenteeism may result in removal from the team
 - Attendance is directly connected to student success
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7. CODE OF CONDUCT

All athletes must:

- Show respect to officials, opponents, and coaches
- Avoid inappropriate language or gestures
- Follow school rules at all times
- Demonstrate good sportsmanship

Hazing or initiation practices are strictly prohibited

8. ALCOHOL, DRUGS & VAPING POLICY

- Use or possession during the season results in suspension
- Repeated offenses may result in removal from athletics
- School consequences may also apply

WHS maintains a **safe and substance-free environment**

9. DISCIPLINE & CONSEQUENCES

Consequences may include:

- Temporary suspension from team activities
- Meetings with administration and parents
- Removal from the team
- School-based discipline (if applicable)

Any **out-of-school suspension** = **no participation during that period**

10. TRANSPORTATION & TRAVEL

- All travel must follow school and district guidelines
- Approved drivers must:
 - Be 21+ years of age
 - Hold appropriate licensing and insurance
- Students must follow team rules during travel

The school maintains responsibility from departure to return

11. SAFETY & RISK MANAGEMENT

- Coaches must prioritize athlete safety at all times
 - Proper equipment must be used
 - Injuries must be reported immediately
 - Emergency procedures must be followed
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12. FEES & FUNDRAISING

- Team fees may apply to cover:
 - Equipment
 - Travel
 - Tournament costs
 - Fundraising must be approved by administration
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13. COMMUNICATION GUIDELINES

Communication should be:

- Respectful and professional
- Directed first to the coach
- Escalated to the Athletic Director if needed

Students are encouraged to communicate directly, with parental support when necessary.

14. FACILITIES & EQUIPMENT

- Equipment must be cared for and returned
 - Facilities must be respected at all times
 - Damage or loss may result in restitution
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FINAL MESSAGE

Athletics at WHS are about more than winning—they are about developing strong, respectful, and responsible young people.

We encourage all participants to:

- Compete with integrity
- Support one another
- Take pride in being part of WHS Athletics